



## We're committed to building strong, empathetic and resilient leaders.

In a rapidly changing world, employees are seeking more balance and autonomy in their work lives, and successful leaders recognise the importance of fostering an environment that supports these values.

Kym Viant Consulting partners with organisations across various industries to strengthen internal leadership and equip leaders with modern strategies for the 21st century that help bring out the very best in those they lead.

### Our Methodology

#### LEARN

A process that leads to change, through acquiring new understanding and application of knowledge, concepts and skills. The learning process with Kym Viant Consulting is an interactive and collaborative environment, focussed on practical application of this learning for individuals and teams.

#### EMPOWER

Engagement with people in establishing an environment that fosters trust, respect and collaboration where they can enjoy learning and unlock their full potential. As leaders, it's about showing up as your authentic self - personally accountable and self-aware of your impact on others.

#### GROW

Always thinking with the mindset of adaptability and continuous improvement, coaching leaders in being successful at creating a culture that's not just accepting of change, but thrives in it. Developing this mindset comes from the experience of learning from mistakes, effective risk-taking and collaboration.

### What we do

Kym Viant Consulting aligns leadership development with business strategy, offering practical training and coaching that encourages self-awareness, effective communication, and the ability to navigate complex challenges. Leadership investment is a cornerstone for sustained business growth.

Effective leadership development transforms the whole person, enhancing both personal growth and organisational outcomes. By investing in leadership workshops or coaching programs, leaders can pause, reflect, and reimagine their path, fostering deeper engagement and motivation in their teams.

### Symptom checker

Our leadership workshops and coaching programs provide valuable tools and strategies for addressing a range of challenges faced by leaders and business in the modern world:

- Employee Engagement
- Generational Differences
- Burnout & Mental Health
- Change Management
- Skills Gap
- Work-Life Balance

By partnering with Kym Viant Consulting, you benefit from our expertise in navigating these common leadership development challenges, as well as others, achieving sustainable growth.

## Our Leadership Workshops

We specialise in delivering dynamic workshops designed to elevate leadership effectiveness across all levels. Each session is tailored to empower teams with the tools and insights needed to navigate complex challenges, foster innovation, and drive exceptional results. Our workshops equips participants with:

### **Beyond the Team: Cultivating High-Performance Culture**

Strategies to build and drive high-performance teams.

### **Elevating Leadership: Essential Skills for Modern Professionals**

Strategies to navigate complex leadership challenges and opportunities.

### **Creative Problem Solving and Critical Thinking**

Strategies to analyse, evaluate and generate creative solutions.

### **Mastering the Art of Managing Up**

Strategies to build positive relationships and influence stakeholders.

### **Next-Gen Lead: Essential Skills for Success**

Strategies for effective leadership, communication and decision-making.

### **Lead, Empower and Thrive with EI**

Strategies to lead, empower and thrive using emotional intelligence.

### **Leader as Coach**

Strategies to inspire the performance of others and develop talent.

### **Science of Wellbeing**

Strategies to reduce stress, improve physical vitality and connection.

## Our Leadership Coaching Programs

Our tailored coaching programs are designed to help you develop a higher level of self-confidence, personal growth and resilience through effective tools, strategies and insights to achieve the desired success you seek both professionally and personally.

### **High-Performance Leadership Coaching Program - Elevate your Leadership**

This comprehensive coaching program has been designed to offer you a series of modules that address the unique needs and challenges of today's leaders for driving high performance in teams. Select the modules that best align with your development goals, to create a truly personalised learning experience.

### **Elevate Your Leadership Journey with Personalised Coaching**

Our bespoke one-on-one leadership coaching program is designed to provide you with the personalised guidance and support you need to achieve your career goals. Whether you're a seasoned leader or just starting out, we can help you develop the skills and competencies necessary to excel in today's dynamic business environment.

*Kym Viant has been working with myself and my team for the last 12 months partnering with Journey Beyond to deliver our first Journey into Leadership Program for our middle managers. Kym assisted in refining and facilitating our Leadership Program to ensure we delivered a value add program for this level of leaders.*

*Kym has a dynamic & engaging facilitation style where he shares his knowledge and personal experience in the leadership space. If you are looking to engage a Leadership Consultant who can bring a wealth of knowledge to your business I would highly recommend Kym.*

Deborah Beltrame-Ross